



Month _____ Year **2025-2026**

The menu can be subject to change

	Sunday __	Monday __	Tuesday __	Wednesday __	Thursday __	Friday __	Saturday __
Breakfast	Boiled Egg with Toast or Cereal Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Eggs or Peanut Butter & Jelly Sandwich, Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Oatmeal w/fruit Bread Butter & Jam, Veg Omelet ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Spam and egg sandwich, Cereal fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pancake w/ Syrup, Omelet, fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Cereal w/ fruit, Eggs with cheese ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Bread and butter/Eggs, fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Lunch	Grilled Cheese Sandwich, Veggie Slices, Cookies ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Green Salad with Chicken, Toasted Bread w/ Butter, Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Beef Bologna Sandwich, Chips, Carrot Slices, Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken Nuggets and Fries, Green Salad, Fruit, Pudding ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Fish Sandwich and Veg Slices, Chips, Fruit, Yogurt ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Tuna Sandwich, Tomato and Veggie Salad, Rice Krispy Treat ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pizza Roll, Seasoned Fries, Fruit Salad, Pub Mix ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Dinner	Steamed Fish with Vegetable, Mashed Potato, Muffin ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken Sautee with Vegetables and Rice, Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Shrimp, Cheesy Potato and Mixed Veggies, Toasted Bread ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Mac and Cheese, Chicken w/Mixed Veg, Dinner Roll, Pie ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Flavored Rice with Veggies, Chicken w/ Sauce, Ice Cream ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Beef and Veggie Soup, Potato Fries, Salad, Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Roast Chicken w/ Gravy, Mashed Potato, Roll, Veggies ~Milk, ~Juice, ~Tea, ~Coffee, ~Water

- **Snacks: Choice of assorted crackers, cookies, cheese, fruit, almonds, popcorn, pudding, cut-up veggies, cakes, pub mix or ice-cream**
- **Menu is subject to change, refer to alternative menu if applicable.**
- **Water is served every meals and in-between.**

UBaird RD

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08/01/2025 - 07/31/2026



Month _____ Year _____

The menu can be subject to change

	Sunday____	Monday____	Tuesday____	Wednesday____	Thursday____	Friday____	Saturday____
Breakfast	Waffles/Eggs Muffin w/ Jam Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Bacon & Eggs Toast & Butter Mixed fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Oatmeal/Cold Cereal/Toast & Butter w/ Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pancakes Toast/Butter/Jam w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Frosted Flakes/ English Muffin & Eggs w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Wheat Toast & Butter/Cheese Omelet w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Scrambled Eggs Toast/Butter/Jam Bagel & Cream Cheese ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Lunch	Chicken Bread & Chips/ Pizza Bites w/Mixed Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken Noodle Soup/Bologna Sandwich and Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken Nuggets w/ Fries / Chicken Fruit Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Turkey Sandwich and Fruit/Soup and Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Tuna Salad with Crackers/ PBJ Sandwich w/ Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pizza Slice/ Soup & Green Salad w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Fish Sticks Fries/Salad and Mixed Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Dinner	White Chicken, Pasta, Peas and Carrots, Pie ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Santa Fe Style Rice, Beans, Sour Cream, Mild Jalapeno Cheese w/ Veg ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Sweet & Sour Chicken, Rice, Veggies, Roll, and Pudding ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Alfredo-Pasta, Crackers-Broccoli Mozzarella ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pot Pie, Turkey, Potatoes and Veggies, Cakes ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Grill Seasoned Shrimp Rice Veggies and Bread ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pasta, spaghetti Sauce Ground Beef w/ Bread, Veggie Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water

- **Snacks: Choice of assorted crackers, cookies, cheese, fruit, almonds, popcorn, pudding, cut-up veggies, cakes, pub mix or ice-cream**
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Month _____ Year **2025-2026**

The menu can be subject to change

	Sunday__	Monday__	Tuesday__	Wednesday__	Thursday__	Friday__	Saturday__
Breakfast	Pancakes Toast/Butter/Jam w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Sausage & Eggs Toast & Butter Mixed Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Oatmeal/Toast & Butter Eggs w/ Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Egg & Bacon Sandwich, Cereal Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Cold Cereal/ Toast & Eggs w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Waffles/Eggs Muffin w/ Jam, Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Scrambled Eggs & Cheese/Toast and Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Lunch	Pizza Roll, Seasoned Fries, Fruit Salad, Pub Mix ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Shrimp Noodle Soup/Turkey Sandwich and Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Beef Pot Pie w/ Fries / Green Fruit & Veggie Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Ham Sandwich and Fruit/Soup and Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Beef Noodle Soup/ Grilled Cheese Sandwich w/ Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pizza Fries/ Green Salad w/Fruit, Pub Mix ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Egg and Cheese Sandwich Fries/Salad and Mixed Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Dinner	Pasta, White Sauce w/Bread & Veggies/ Chicken Sandwich, Pie ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken, Mashed Potatoes and Veggies, Toast, Chicken Soup ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Sweet & Sour Chicken, Rice, Veggies, Dinner Roll, and Pudding ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Mac and Cheese, Chicken w/Mixed Veg, Dinner Roll ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pot Pie, Chicken, Potatoes and Veggies, Cake ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Grill Seasoned Chicken, Rice, Veggies, and Bread ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Flavored Rice with Veggies, Chicken w/ Sauce ~Milk, ~Juice, ~Tea, ~Coffee, ~Water

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The menu can be subject to change

	Sunday __	Monday __	Tuesday __	Wednesday __	Thursday __	Friday __	Saturday __
Breakfast	Sausage/ Eggs Toast with Butter Yogurt & Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Bagel Cream Cheese Toast & Butter Mixed Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Egg Omelet Smothered Potatoes/ Toast & Butter w/ Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	French Toast & Eggs, Toast/Butter/Jam w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Frosted Flakes/ Pancakes & Eggs w/Fruit or Yogurt ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Toast & Butter/ Bacon and Eggs w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Boiled Eggs Toast/Butter/Jam and Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Lunch	Chicken Bread & Chips/ Pizza Bites w/Mixed fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken Noodle Soup, Bologna Sandwich and Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Chicken Nuggets w/ Fries and Fruit Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Turkey Sandwich and Fruit, Soup and Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Tuna Salad with Crackers/ PBJ Sandwich w/ Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pizza Slice/ Soup & Green Salad w/Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Fish Sticks Fries/Salad and Mixed Fruit ~Milk, ~Juice, ~Tea, ~Coffee, ~Water
Dinner	White Chicken, Pasta, Peas and Carrots, Pie ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Santa Fe Style Rice, Beans, Sour Cream, Mild Jalapeno Cheese w/ Veg ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Sweet & Sour Chicken, Rice, Veggies, Dinner Roll, and Pudding ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Alfredo-Pasta, Crackers-Broccoli Mozzarella ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pot Pie, Turkey, Potatoes and Veggies, Cake ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Grill Seasoned Shrimp, Rice, and Veggies, Bread ~Milk, ~Juice, ~Tea, ~Coffee, ~Water	Pasta, Spaghetti Sauce Ground Beef w/ Bread, Veggie Salad ~Milk, ~Juice, ~Tea, ~Coffee, ~Water

- **Snacks: Choice of assorted crackers, cookies, cheese, fruits, almonds, popcorn, pudding, cut-up veggies, cakes, pub mix or ice-cream**
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